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*by ewfood*

## Fish Cakes

## Ingredients

6oz. flaked steamed fish  
2 potatoes, cooked and mashed  
Juice of ½ a lemon  
1 tsp. mixed herbs, or herbs of your choice  
1 whole egg  
1 egg beaten  
Salt and pepper to taste  
0.75oz. breadcrumbs  
4fl oz. oil for frying

### Preparation Time

10

min

### Cooking Time

20

min

## Preparation

- 1 Mix together the fish, potato, lemon juice, herbs, 1 egg and seasoning. Incorporate all the ingredients well and shape into small round cakes
- 2 Heat the oil in a pan
- 3 Dip each cake into the egg and then the breadcrumbs
- 4 Fry until golden
- 5 Drain on kitchen towel and serve

## Cooks Note

Preparation time: 10 minutes; Cooking time: 20 minutes

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