

Posted on 17 September 2012

by ewfood

Mozarella Sticks

Ingredients

3.5oz. flour

0.5oz. corn starch

4oz. cups bread crumbs

2 eggs, beaten

2fl oz. water

1 tsp. dried thyme

1 tsp. dried basil

1 tsp. garlic salt

¼ tsp. cayenne pepper (optional, great for an extra kick)

Pinch of salt

16 uniform sticks of mozzarella, or a cheese of your choice

2fl oz. oil for frying, you can choose to deep or shallow fry your sticks

Preparation

- 1 Combine the flour and cornstarch on a plate
- 2 Mix the breadcrumbs, thyme, basil, garlic salt, cayenne pepper and salt in another plate
- 3 In a bowl mix the eggs and water
- 4 Coat each piece of mozzarella in the flour, then the egg mixture and finally in the bread crumbs and fry unit the breadcrumbs are golden. Drain the excess oil on a kitchen towel and serve

Cooks Note