



---

Posted on 17 September 2012  
*by ewfood*

## Taco Salad

## Ingredients

¼ tomato, chopped  
¼ head lettuce, shredded  
¼ red onion, sliced  
¼ mango, peeled, seeded and cut into chunks  
¼ avocado, peeled, seeded and sliced  
2.5oz. baked tortilla chips, crumbled  
1.5fl oz. lime juice  
1fl oz. olive oil

### Servings

1

Person

## Preparation

- 1 Arrange all ingredients as you like
- 2 Garnish with lime juice and olive oil
- 3 Serve immediately

## Cooks Note

Serves 1

---