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by ewfood

Tahina

Ingredients

1 tin of chickpeas
1 clove garlic, minced
2.5 fl oz. olive oil
Juice of ½ a lemon
1 oz. tahini paste
1tsp. cumin
pinch of salt
0.5 fl oz. olive oil to garnish
paprika to garnish

Preparation

1. Blend all ingredients except garnishing ones together until a smooth paste is formed
2. Sprinkle the olive oil over the paste and add the paprika
3. serve with flat bread or crunchy vegetables

Cooks Note