



---

Posted on 17 September 2012  
*by ewfood*

# Tahina

## Ingredients

1 tin of chickpeas  
1 clove garlic, minced  
2.5 fl oz. olive oil  
Juice of ½ a lemon  
1 oz. tahini paste  
1tsp. cumin  
pinch of salt  
0.5 fl oz. olive oil to garnish  
paprika to garnish

## Preparation

- 1 Blend all ingredients except garnishing ones together until a smooth paste is formed
- 2 Sprinkle the olive oil over the paste and add the paprika
- 3 serve with flat bread or crunchy vegetables

## Cooks Note

---