

Posted on 17 September 2012

by ewfood

## Quick Banana Ice Cream



## Ingredients

6 bananas sliced 1 tin coconut milk Servings 4 Person

## Preparation

- 1 Place the sliced banana into the freezer for a few hours
- 2 Once frozen put it into a food processor and blend with the coconut milk
- 3 serve immediately

## **Cooks Note**

Serves 4; do not refreeze this recipe