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*by ewfood*

# Tuna Noodle Salad

## Ingredients

8 oz. light greek yoghurt or sour cream  
juice of half a lemon  
4.5oz. frozen peas, thawed  
3 oz. chopped celery  
3 oz. chopped green bell pepper  
2.5oz. spring onions, chopped  
2.5 oz sliced olives  
12 oz. tin tuna in water, drained  
4oz. Asian noodles, cooked and drained  
5oz. chopped lettuce

Servings

4

Person

## Preparation

- 1 Combine sour cream, lemon juice, peas, celery, pepper, onion and olives. Flake tuna with a fork and stir in gently
- 2 cover and chill for an hour
- 3 stir in the noodles and serve on top of the lettuce

## Cooks Note

Serves 4

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