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by ewfood

Tuna Noodle Salad

Ingredients

8 oz. light greek yoghurt or sour cream
juice of half a lemon
4.5oz. frozen peas, thawed
3 oz. chopped celery
3 oz. chopped green bell pepper
2.5oz. spring onions, chopped
2.5 oz sliced olives
12 oz. tin tuna in water, drained
4oz. Asian noodles, cooked and drained
5oz. chopped lettuce

Servings
4
Person

Preparation

1. Combine sour cream, lemon juice, peas, celery, pepper, onion and olives. Flake tuna with a fork and stir in gently
2. cover and chill for an hour
3. stir in the noodles and serve on top of the lettuce

Cooks Note

Serves 4