

Posted on 17 September 2012 by ewfood

Iron-monger salad

Ingredients

For the dressing: 8 oz. mayonnaise 1 fl oz. white wine vinegar 0.9 oz. white sugar For the salad: 1.5lb. broccoli 4 oz. diced red onion 4 oz. halved cherry tomatoes 2 oz. raisins 3 oz. cashew nuts Servings 6 Person

Preparation

- 1 For the dressing: combine all the ingredients and set to one side
- 2 For the salad: Toss the broccoli and dressing until the broccoli is well covered, use only as much dressing as needed
- 3 add the remaining salad ingredients and toss with the coated broccoli
- 4 add more dressing only if needed to coat the rest of the ingredients
- 5 refrigerate before serving

Cooks Note

Prep Time: 25 min; Serves 6