

Posted on 17 September 2012

by ewfood

Tuna Pita



Ingredients

1 tin tuna in olive oil
0.5oz. Horseradish mustard
loz. Shredded lettuce
½ tomato sliced
juice of ¼ lemon
1 pita pocket
Servings
1
Person

Preparation

- 1 In a bowl mix the tuna, horseradish and lemon juice
- 2 Toast the pita pocket and stuff it with the tuna
- 3 add the lettuce and tomato and serve

Cooks Note

Serves 1