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## Tuna Pita



## Ingredients

1 tin tuna in olive oil  
0.5oz. Horseradish mustard  
1oz. Shredded lettuce  
½ tomato sliced  
juice of ¼ lemon  
1 pita pocket

Servings

1

Person

## Preparation

- 1 In a bowl mix the tuna, horseradish and lemon juice
- 2 Toast the pita pocket and stuff it with the tuna
- 3 add the lettuce and tomato and serve

## Cooks Note

Serves 1

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