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by ewfood

Chicken Wraps

Ingredients

4oz. Chicken breasts, cooked and shredded
1oz. Frozen peas
1 oz frozen corn
½ tomato diced
2 oz. mayonnaise or creamy ranch dressing
4 large lettuce leaves

Servings
2
Person

Preparation

1. Boil the peas and corn in boiling water for two minutes and cool
2. Mix the chicken, peas, corn, tomato and mayonaisse or ranch in a bowl
3. Arrange generously on the lettuce leaves
4. Close the leaf like a wrap and serve

Cooks Note

Serves 2