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by ewfood

Chicken Wraps

Ingredients

4oz. Chicken breasts, cooked and shredded

1oz. Frozen peas

1 oz frozen corn

½ tomato diced

2 oz. mayonnaise or creamy ranch dressing

4 large lettuce leaves

Servings

2

Person

Preparation

- 1 Boil the peas and corn in boiling water for two minutes and cool
- 2 Mix the chicken, peas, corn, tomato and mayonnaise or ranch in a bowl
- 3 Arrange generously on the lettuce leaves
- 4 Close the leaf like a wrap and serve

Cooks Note

Serves 2
