

Posted on 17 September 2012 by Chef Kasim Senturk

Aegean-style fresh artichokes with olive oil

Ingredients

1 Fresh Artichokes ½ Potato ½ Carrot 30 gr Pea 1/8 Dill ½ Lemon 40g Olive Oil 2 g Salt

Preparation

- 1 Put half of the oil and add cubed sliced onion, roast it until it turns to brown color
- 2 Add round chopped carrot, roast 5 minutes, add potato, roast 3 more minutes
- 3 Lastly add artichoke and cood it in low heat for 30 minutes
- 4 Drizzle other half oil and let it steam
- 5 Serve it with dill and pea.

Cooks Note