

Posted on 17 September 2012

by ewfood

Pasta e Fagioli

Ingredients

1 lb. ground beef 1 small onion, diced 1 large carrot, chopped 1 stalk celery, chopped 2 cloves garlic, minced 2 tins diced tomatoes 1 tin red kidney beans (w/juice) 1 tin butter beans(w/liquid) 0.5fl oz. white vinegar 1½ tsp. salt 1tsp. oregano 1tsp. basil pepper 1tsp. thyme ½ lb. Ditalini or fusilli pasta Servings Person

Preparation

- 1 Brown the ground beef in a large stock pot or Dutch Oven over medium heat
- 2 Add the onion, carrot, celery, and garlic, and saute for 10 minutes, until vegetables are tender
- 3 Add remaining ingredients, except pasta, and simmer for 1 hour, stirring often
- 4 At 50 minutes into simmer time, cook the pasta according to package directions, until al dente
- 5 Drain the pasta and add to the pot of soup
- 6 Simmer for 5-10 minutes and serve. Top with freshly grated Parmesan cheese.

Cooks Note

Serves 2