



Posted on 17 September 2012
by ewfood

Greek Casserole

Ingredients

4oz. cottage cheese
4oz. Greek yogurt
10oz. frozen chopped spinach, thawed and squeezed dry
8oz. feta, crumbled
1oz. flour
salt and pepper for seasoning
4 eggs, lightly beaten

Servings

6

Person

Preparation

- 1 Preheat the oven to 180°C
- 2 In a large bowl, combine all ingredients and mix well
- 3 Spoon into a greased 9-in square baking dish
- 4 Bake for 1 hour
- 5 Serve hot or cold

Cooks Note

Serves 6
