

Posted on 17 September 2012 by Terry Sequeira

Indian Roast Beef With Potatoes

Ingredients

Ilb. Beef 2 onions 2 potatoes tumeric (haldi) powder chili powder Jeera powder Pepper powder Itsp. Soy sauce Tabasco Ginger/garlic paste salt

Preparation

- 1 Slice the beef and rub with salt and ginger/garlic paste
- 2 Boil in some water in a pressure cooker
- 3 After 4 whistles reduce the heat to low
- 4 Saute the onions until they have browned
- 5 Remove the beef and flatten it
- 6 Put the beef slices on top of the onion rings
- 7 Pour the beef stock on top and sprinkle the remaining ingredients
- 8 Simmer until the potatoes are cooked and serve immediately.

Cooks Note