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by Joyce Milne

Rice Krispie Chicken



Ingredients

Rice Krispies
Chicken Breasts
Egg
2 tbsp oil

Preparation

- 1 Mix up egg in bowl.
- 2 Pour enough rice crispies to coat your chicken in a shallow bowl.
- 3 Dip the chicken breasts in egg then rice crsipies.
- 4 Shallow fry in the oil, only to brown the outsides.
- 5 Bake in a 350 oven for 45 minutes or until chicken is cooked through
- 6 Note, some recipies use melted butter instead of eggwash!!

Cooks Note
