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by Joyce Milne

Rice Krispie Chicken



Ingredients

Rice Krispies
Chicken Breasts
Egg
2 tbsp oil

Preparation

1. Mix up egg in bowl.
2. Pour enough rice crispies to coat your chicken in a shallow bowl.
3. Dip the chicken breasts in egg then rice crsipies.
4. Shallow fry in the oil, only to brown the outsides.
5. Bake in a 350 oven for 45 minutes or until chicken is cooked through
6. Note, some recipies use melted butter instead of eggwash!!

Cooks Note