

Posted on 30 September 2012 by ewfood

Spicy Prawns with Coriander and Tomato



Ingredients

Ikg uncooked prawns, medium
2 teaspoons ground hot paprika
1 teaspoon crushed coriander seeds
1 teaspoon ground turmeric
1 teaspoon ground cumin
1 teaspoon cracked black pepper
½ teaspoon ground cloves
½ teaspoon ground cardamoms
60ml water
1 tablespoon olive oil
300g sliced medium onion
500g chopped large tomatoes
2 tablespoons finely chopped fresh coriander leaves

Preparation

- 1 Shell and devein the prawns, leaving the tails intact.
- 2 Add the spices and water in a small bowl and mix well.
- 3 Heat oil in a pan, cook the onions for two minutes and add the spice mixture cook and keep stirring.
- 4 Add the prawns and tomatoes stir in well and cook until prawns are just tender.
- 5 Remove from the heat and stir in the fresh coriander leaves.

Cooks Note