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by ewfood

Hot Mulled Apple Juice



Ingredients

3.5 pints natural apple juice 1 lemon, quartered 4 cloves 1 inch knob of fresh ginger 1 orange, quartered 1 cinnamon stick Pinch of nutmeg

Preparation

- 1 Bring all the ingredients to boil in a pan over a medium heat
- 2 Reduce the heat and simmer for 15 minutes
- 3 Strain the liquid and serve it hot in mugs or thick glasses

Cooks Note