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*by ewfood*

## Hot Mulled Apple Juice



## Ingredients

3.5 pints natural apple juice  
1 lemon, quartered  
4 cloves  
1 inch knob of fresh ginger  
1 orange, quartered  
1 cinnamon stick  
Pinch of nutmeg

## Preparation

- 1 Bring all the ingredients to boil in a pan over a medium heat
- 2 Reduce the heat and simmer for 15 minutes
- 3 Strain the liquid and serve it hot in mugs or thick glasses

## Cooks Note

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