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by ewfood

Hot Mulled Apple Juice



Ingredients

3.5 pints natural apple juice
1 lemon, quartered
4 cloves
1 inch knob of fresh ginger
1 orange, quartered
1 cinnamon stick
Pinch of nutmeg

Preparation

1. Bring all the ingredients to boil in a pan over a medium heat
2. Reduce the heat and simmer for 15 minutes
3. Strain the liquid and serve it hot in mugs or thick glasses

Cooks Note