

Posted on 30 September 2012

by ewfood

Jack O'Lantern Smoothie



Ingredients

9fl oz. cold water 3 scoops vanilla ice cream 3tbsp. Pureed pumpkin Itsp. Vanilla essence 1 cup ice

Preparation

- 1 Combine the ingredients in a blender until a smoothie consistency
- 2 Decorate the glasses as Jack o' Lanterns and serve the pumpkin smoothies.

Cooks Note

To decorate the glasses cut jack o' lantern shapes out of black paper and stick them onto the glass.