

Posted on 30 September 2012

by ewfood

## Jack O'Lantern Smoothie



## Ingredients

9fl oz. cold water 3 scoops vanilla ice cream 3tbsp. Pureed pumpkin Itsp. Vanilla essence 1 cup ice

## **Preparation**

- 1 Combine the ingredients in a blender until a smoothie consistency
- 2 Decorate the glasses as Jack o' Lanterns and serve the pumpkin smoothies.

## **Cooks Note**

To decorate the glasses cut jack o' lantern shapes out of black paper and stick them onto the glass.