



Posted on 1 October 2012
by ewfood

Refreshing Fruit Cocktail

Ingredients

50g Pineapple
Half grapefruit
1 Orange
1 Apple
1 Pear
50g Grapes, seedless
½ Lemon juice
25ml Pineapple juice and water
Sugar to taste

Preparation

- 1 To the pineapple juice and water add the lemon juice.
- 2 Add sugar according to taste and mix until all the sugar dissolves.
- 3 Cut all the remaining fruit roughly
- 4 Liquidese the fruit
- 5 Allow to chill and serve in glasses with a cherry on cocktail stick

Cooks Note

(Tip: make not long before serving otherwise mixture will go brown)

Normal 0 false false false EN-GB X-NONE X-NONE
