

Posted on 2 October 2012

by Sunita Sequeira

Quick Eggie Brekkie

Ingredients

6 slices white bread 4 eggs - beaten 1/4 tsp pepper 1/4 tsp chili powder 4 tbsp vegetable oil Pinch of salt to taste

Preparation

- 1 Beat the eggs well till it starts to slightly froth up.
- 2 Drop in the pepper, salt and chili powder, and mix well.
- 3 In a fying pan, heat the oil.
- 4 Dip each slice of bread into the egg mixture and drop it in the frying pan (medium heat).
- 5 Cook one side and turn over.
- 6 Fry the bread till golden on either side.
- 7 Serve sizzling hot for breakfast with tomato ketchup or mint chutney sauce.