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30 Minute Delish Salad

Ingredients

1 full iceberg or crisphead lettuce
1/4 kg chicken (breast)
1 cup yoghurt
1 cup Caesar salad dressing (store bought or home made)
1 tbsp mayonnaise
Parmesan cheese
1 cup of herbed croutons

Preparation

1. In a bowl, mix the yoghurt, cheese, mayonnaise and Caesar salad dressing.
2. Boil the chicken breasts with a pinch of salt and pepper.
3. Once boiled, keep the chicken aside to cool down.
4. After that breasts cut the into medium chunks.
5. Then add the boiled chicken pieces in the bowl, followed by the croutons.
6. Mix well. Be careful not to break the chicken pieand lettuce leaves.
7. Then add some parmesan cheese and toss the salad with the dressing.
8. Finally, garnish the salad again with large flakes of parmesan cheese and some freshly ground pepper.