

Posted on 4 October 2012 by Terry Sequeira

30 Minute Delish Salad

Ingredients

1 full iceberg or crisphead lettuce
1/4 kg chicken (breast)
1 cup yoghurt
1 cup Caesar salad dressing (store bought or home made)
1 tbsp mayonnaise
Parmesan cheese
1 cup of herbed croutons

Preparation

- 1 In a bowl, mix the yoghurt, cheese, mayonnaise and Caesar salad dressing.
- 2 Boil the chicken breasts with a pinch of salt and pepper.
- 3 Once boiled, keep the chicken aside to cool down.
- 4 After that breasts cut the into medium chunks.
- 5 Then add the boiled chicken pieces in the bowl, followed by the croutons.
- 6 Mix well. Be careful not to break the chicken pieand lettuce leaves.
- 7 Then add some parmesan cheese and toss the salad with the dressing.
- 8 Finally, garnish the salad again with large flakes of parmesan cheese and some freshly ground pepper.