

Posted on 4 October 2012 by Hilda Roach

Aunt Hilda's Beef Olive

Ingredients

For The Beef Rolls: 1/2 kg beef 1/4 kg bacon 1/4 kg potato For The Gravy: 2 onions (finely chopped) 1 tsp cumin powder 1 tsp turmeric powder 1 tsp pepper powder 1 tbsp ginger paste 1 tbsp garlic paste 4 tomatoes (chopped)

Preparation

- 1 Beef Rolls Preparation:
- 2 First boil the potatoes. Then cut all into long pieces (similar to French fries)
- 3 At the side, fry the bacon not crispy.
- 4 Then cut the beef into thin slices and pound it flat.
- 5 Inside each strip place a thin slice of potato and bacon.
- 6 After that roll each piece and tie it (with cotton thread) well.
- 7 Put in a vessel and let it cook on slow gas for about 10 to 15 minutes.
- 8 Then let it cool for a few minutes.
- 9 Following that take out the pieces on a plate remove the string and keep aside. Gravy Preparation:
- 10 Put some oil in a vessel.
- 11 Saute the onions.
- 12 Add ginger and garlic paste, and fry for a few minutes.
- 13 Then add all the powders and stir well.
- 14 After that put in the tomatoes and fry again for a while.
- 15 Lastly, add some water to make the gravy and let it boil for about 5 minutes.
- 16 Now add the cooked beef rolls to the gravy and let it simmer for another 5 minutes.
- 17 Serve with thick slices of fried potatoes.