Posted on 10 October 2012

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Walnut & Feta Dip

Ingredients

1 cup of walnuts
270g feta cheese
3 tbsp yoghurt
3 tbsp parsley
1/2 tsp freshly ground black pepper
2 tbsp walnut oil

Preparation

1. Chop the walnuts finely and toss in a large strainer to remove any remaining skin and dust.
2. Place all ingredients in a large bowl and mash and mix well with a fork.
3. Taste and adjust the seasoning - you may wish to add extra pepper, and depending on the feta, maybe some extra salt.
4. Serve with dipping crisps, arabic bread or crudites

Cooks Note