



Posted on 10 October 2012
by ewfood

Walnut & Feta Dip

Ingredients

1 cup of walnuts
270g feta cheese
3 tbsp yoghurt
3 tbsp parsley
1/2 tsp freshly ground black pepper
2 tbsp walnut oil

Preparation

- 1 Chop the walnuts finely and toss in a large strainer to remove any remaining skin and dust.
- 2 Place all ingredients in a large bowl and mash and mix well with a fork.
- 3 Taste and adjust the seasoning - you may wish to add extra pepper, and depending on the feta, maybe some extra salt.
- 4 Serve with dipping crisps, arabic bread or crudites

Cooks Note
