

Posted on 11 October 2012 by ewfood

Chili-Garlic Crab and Prawns

Ingredients

3 king crabs - only meat chunks 15 raw jumbo prawns - keep shells 8 cloves garlic - chopped small 1 or 2 big red chili - chopped thin 1 cup red or white grape juice 1 tbsp balsamic vinegar 1/2 tbsp lemon juice 1 lemon - wedges for garnishing Bunch of parsley Salt to taste

Preparation

- 1 To begin with, in a large frying pan heat up some oil on low-medium heat.
- 2 Then add the prawns and allow it to cook for 2 3 minutes.
- 3 Stir around just one time.
- 4 Thereafter, throw in the crab along with the sliced garlic and chopped up chili.
- 5 Season with some salt and a pinch of pepper.
- 6 Now you can reduce the heat cover and allow the prawns and crabs to cook for a few minutes.
- 7 After that's done, throw the parsley in the pan and stir.
- 8 Then increase the heat.
- 9 Now add the lemon juice, balsamic vinegar and the red or white grape juice.
- 10 Let this cook for a good while until the liquid reduces.
- 11 Garnish with the cut up lemon wedges and serve immediately.
- 12 Thick chunks of bread to mop up yummy flavoured sauce will go along perfectly with this dish.

Cooks Note