

Posted on 11 October 2012 by ewfood



Ingredients

1/2 cup turkey breasts - cooked and cubed
3 large Avocados - cubed
3 Nectarines - ripe and deseeded
1 large Papaya - cubed
3 tbsp raisins
Bunch of mint leaves
1/2 cup salad dressing - according to your preference

Preparation

- 1 First, gently dry-fry the avocado, nectarines, apricots and raisins for a while just till the raisins plump up.
- 2 Then, gently throw in all the ingredients in a large bowl.
- 3 Toss together well.
- 4 Before serving, drizzle with your favourite salad dressing homemade or storebought.
- 5
- 6 Quick & Easy Summer salad dressing recipe:
- 7 2 tbsp oil
- 8 2 tbsp balsamic or red wine vinegar you can use white vinegar if you want as well
- 9 1tsp icing sugar
- 10 *Mix thoroughly before pouring on top of the salad

Cooks Note