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Spicy Pesto Chicken With Pasta

Ingredients

1 kg chicken breasts - small cubed pieces

21/4 cups pasta - any kind

1 cup cream cheese - softened and beaten smooth

3 red peppers - sliced thin

11/2 cup pesto sauce (recipe below)

4 tbsp sun-dried tomatoes (in oil) - chopped coarse

1 tsp red chili flakes

1 cup grated Parmesan cheese

Salt and pepper if needed

PESTO SAUCE (1 CUP)

Big bunch (2 cups) of fresh basil leaves

1/2 cup freshly grated Parmesan cheese

1/2 cup olive oil

1/2 cup pine nuts

3 cloves garlic - chopped extra fine

Salt and freshly ground black pepper to taste

Method

In a food processor, throw in the basil leaves with the pine nuts, and blend.

Keep stopping and mixing in between the blending.

Then add the garlic and blend again a few times.

Now, as it blends, pour in the olive oil very slowly.

Stop to scrape down the sides with a rubber spatula.

After that throw in the grated cheese and blend again.

Add a pinch of salt and freshly ground black pepper to taste.

Preparation

- 1 On medium heat, cook the chicken in large pan for around 10 minutes.
- 2 Then add in the chopped up red peppers and chili flakes.
- 3 Allow this to cook till the peppers are semi-soft or done.
- 4 Once done, add the chopped sun-dried tomatoes.
- 5 Stir for 2 minutes.
- 6 Then add the pesto sauce along with the softened and beaten smooth cream cheese.
- 7 Stir well and then place back on the stove on the lowest heat.
- 8 Mix for 2 minutes.
- 9 Add the pasta and some of the Parmesan cheese.
- 10 Stir gently.
- 11 Toss the grated Parmesan cheese on top and serve.
- 12 Sprinkle some salt and pepper if needed.
- 13 Serve hot with garlic bread.

Cooks Note