

Posted on 17 October 2012 by Anjana Chaturvedi

Khooba or Khoba Roti (Indian Flat Bread)



Ingredients

Whole wheat flour - 3 cup Melted ghee or oil - 6 tsp Salt - 1 tsp

Preparation

- 1 Take wheat flour in a big bowl, add salt and melted ghee, rub and mix well.
- 2 Now add water and make a medium soft dough, cover and rest for 10 minutes.
- 3 Take a small ball from the dough and dust with dry flour.
- 4 Make a medium thick chapati with a rolling pin.
- 5 Place this on a medium hot griddle and cook slightly from one side till colour changes slightly (kacha pakka)
- 6 Now remove the roti (flat bread) from the griddle and take it on a plate.
- 7 Pinch the roti all over in a circle using your thumb and finger, as shown in the picture to make indentations.
- 8 Now again place it on the griddle and cook from both the sides on medium heat.
- 9 Now remove from the griddle and cook directly on open flame on low heat.
- 10 Cook till golden spot appears on both the sides.
- 11 Generously smear with ghee all over.
- 12 Serve Rajasthani daal with khooba or khoba roti, salad and pickle.

Cooks Note

Khooba or Khoba roti is a specialty of Rajasthan which is made with whole wheat flour. <u>http://maayeka.blogspot.com</u> [6] Normal 0 false false