

Posted on 11 November 2012 by Anjana Chaturvedi

Savoury Crackers



Ingredients

Refined flour (maida)-2 cup Wheat flour(atta)-1/2 cup Dried pomegranate seeds-1 tbsp Caram seeds (ajwain)-1tsp Cumin seeds-1 tsp Coriander seeds-1 tbs Pepper corns-1 tbsp Asafoetida-1/4 tsp Cooking oil or Ghee-5 tbsp Salt-1 tsp

Preparation

- 1 Sieve together refined flour, wheat flour and salt.
- 2 Coarsly crush pomegranate seeds, pepper corns and coriander seeds.
- 3 Take a big bowl and add refined flour mix, coriander seeds, pomegranate seeds, pepper corns, as a foetida, cumin and carom seeds.
- 4 Mix all together and then add hot cooking oil or ghee and rub well
- 5 Now add just enough water and make a stiff dough.
- 6 Cover and rest for 15 minutes.
- 7 Knead it slightly and make small balls from the dough.
- 8 Roll the balls into medium thick discs and prick them with a fork all around, so they will not puff up while frying.
- 9 Heat oil in a deep pan and fry mathris in batches on low heat.(first add them on medium heat and after few seconds lower the flame)don't overcrowd the pan.
- 10 Fry till they become golden in colour, drain on a paper napkin when done.
- 11 Store when cooled completely.
- 12 Notes:
- 13 The dough should be stiff like pooris other wise you will not get crisp mathris.
- 14 Don't fry them on high heat otherwise they may become golden from out side but remain uncooked from inside and become soft after some time.
- 15 You can make these with just salt, cumin and carom seed, if you don't want to add all

the spices listed.

- 16 For a easier version-roll the dough into a big medium thick chapati and cut with a round or any shape or size of cookie cutter.
- 17 You can also bake them on 180 C -350 F for approx 20 minutes if you want to avoid deep frying.

Cooks Note

Crisp and savory deep fried Indian crackers made with flour and spices. http://maayeka.blogspot.com [6]