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by Mike

Healthy Girgir Salad



Ingredients

Girgir leaves- 1 bundle
Cucumber- 3 pcs, medium sized
Tomatoes- 5 pcs, medium sized
Olive oil- 1 teaspoon
Apple vinegar- 1 teaspoon
Lemon juice- 4 tablespoons
Salt and Pepper to taste

Preparation Time
10
min

Preparation

1. Chop cucumber and tomatoes into small cubes. Set aside.
2. Slice the Girgir leaves to thin parts.
3. Combine the cucumber, tomatoes, and girgir leaves. Add salt and pepper to taste.
4. Mix olive oil, apple vinegar, and lemon juice.

Cooks Note

Girgir salad can be served with any fish or seafood dish. Enjoy this affordable and easy to prepare recipe!

Preparation time: 10 minutes