Posted on 26 November 2012

by ewfood

Spearmint Salad Dressing



Ingredients

2 garlic cloves, minced
2 tsp. salt
2fl oz. freshly squeezed lemon juice
6fl oz. Virgin olive oil
2 teabags spearmint tea
1 tbsp. honey

Preparation

1 Add the garlic, lemon juice, salt and honey to a bowl and sprinkle the contents of the tea bags on top of the ingredients. Slowly drizzle the olive oil onto the ingredients while whisking. Add the olive oil very gradually until the dressing emulsifies.

Cooks Note