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*by ewfood*

# Cheese Cake



## Ingredients

5tbsp. fromage frais or quark  
2tbsp. corn flour  
2 egg yolks  
2 tbsp. lemon juice  
3tbsp. sweetener  
5 egg whites

## Preparation

- 1 Beat the egg whites until stiff peak stage is reached. In a separate bowl beat the remaining ingredients. Fold the egg whites into the ingredients. Microwave for 12 minutes. Serve cold.

## Cooks Note

Find more recipes at <http://mydukandiet.com/> [6]

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