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Hungarian Minced Steak



Ingredients

6 shallots, diced 1 red pepper, cubed 1tsp. oil 1lb. beef mince 2tbsp. paprika 3 ½ fl oz. tomato puree Cayenne pepper Salt and pepper ½ lemon 3oz. fromage frais

Preparation

1 Sauté the shallots and peppers in the oil, add the beef mince and brown for a few minutes. Add the tomato puree and paprika and cook for a further 5minutes. Season and stir in the lemon juice and fromage frais. Warm through and serve.

Cooks Note

Find more recipes at <u>http://mydukandiet.com/</u>[6]