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*by ewfood*

## Tabouleh with a Twist



## Ingredients

1 ½ cups water  
1 cup uncooked quinoa  
1 tomato, chopped  
Handful of fresh parsley, chopped  
1 green onion, chopped  
1oz. raisins  
1 small cucumber, chopped  
½ small onion, minced  
1 lemon's juice  
3tsp. olive oil  
Salt to taste  
Black pepper to taste

## Preparation

- 1 Cook the quinoa according to packet instructions.
- 2 Remove from the heat and fluff with a fork. Cover and let it stand for five minutes.
- 3 Stir in the remaining ingredients and season.
- 4 Refrigerate and serve cold.

## Cooks Note

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