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Tabouleh with a Twist



Ingredients

1½ cups water
1 cup uncooked quinoa
1 tomato, chopped
Handful of fresh parsley, chopped
1 green onion, chopped
loz. raisins
1 small cucumber, chopped
½ small onion, minced
1 lemon's juice
3tsp. olive oil
Salt to taste
Black pepper to taste

Preparation

- 1 Cook the quinoa according to packet instructions.
- 2 Remove from the heat and fluff with a fork. Cover and let it stand for five minutes.
- 3 Stir in the remaining ingredients and season.
- 4 Refrigerate and serve cold.

Cooks Note