



Posted on 25 March 2013
by Joyce Milne

Loaded Mash



Ingredients

4 large white potatoes boiled and mashed
2 spring onions 1 red onion ½ cup grated cheddar ½ cup heavy or double cream 2 oz butter
3 sliced smoked bacon/turkey bacon 2 cloves garlic

Preparation

- 1 Gently sauté the red onion, bacon, garlic in the butter
- 2 Add this together with all the other ingredients to the mashed potato
- 3 Beat with a wooden spoon till all is combined and the potatoes are soft and silky.
- 4 Great with fried chicken or breaded fish

Cooks Note

We don't count the calories ...
