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Posted on 19 August 2013  
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## Tasty Tuna Salad



## Ingredients

Tuna – light meat  
Mixed vegetables (frozen packed)  
Evaporated milk  
Onion  
Garlic  
Oil  
Pepper (powder)  
Salt  
Quail Eggs  
Frozen shrimp  
Mushroom

## Preparation

- 1 Sauté garlic and onion in a pan.
- 2 In a small bowl, put together all vegetables and set aside.
- 3 Add tuna in the pan and stir up to 5 minutes.
- 4 Put the vegetables in the pan and continue stirring up to 3 minutes.
- 5 Add the milk and stir up to 10 minutes until slightly dried.
- 6 Remove from pan and serve hot with steamed rice.

## Cooks Note

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