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Tasty Tuna Salad



Ingredients

Tuna – light meat
Mixed vegetables (frozen packed)
Evaporated milk
Onion
Garlic
Oil
Pepper (powder)
Salt
Quail Eggs
Frozen shrimp
Mushroom

Preparation

- 1 Sauté garlic and onion in a pan.
- 2 In a small bowl, put together all vegetables and set aside.
- 3 Add tuna in the pan and stir up to 5 minutes.
- 4 Put the vegetables in the pan and continue stirring up to 3 minutes.
- 5 Add the milk and stir up to 10 minutes until slightly dried.
- 6 Remove from pan and serve hot with steamed rice.

Cooks Note
