



Posted on 20 August 2013

by Mike

Avocado and Cheese Sandwich



Ingredients

1/2 avocado
Fresh lemon juice
Cheese
Tomato, sliced
2 bread slices
Salt and pepper to taste

Preparation

- 1 In a small bowl, mash 1/2 avocado and add fresh lemon juice. Season it to taste with salt and pepper.
- 2 Get the slices of bread and spread the avocado mixture.
- 3 Then add the cheese and tomato and pressed with the other slice.

Cooks Note

If you are looking for great lunch box ideas for your little ones, this recipe is a perfect choice. Enjoy!
