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by Mike

Avocado and Cheese Sandwich



Ingredients

1/2 avocado
Fresh lemon juice
Cheese
Tomato, sliced
2 bread slices
Salt and pepper to taste

Preparation

1. In a small bowl, mash 1/2 avocado and add fresh lemon juice. Season it to taste with salt and pepper.
2. Get the slices of bread and spread the avocado mixture.
3. Then add the cheese and tomato and pressed with the other slice.

Cooks Note

If you are looking for great lunch box ideas for your little ones, this recipe is a perfect choice. Enjoy!