

Posted on 22 August 2013 by Anjana Chaturvedi





Ingredients

Boiled rice-3 cup Chopped capsicum-1 cup Chopped cabbage-1.5 cup Chopped Tomato-1 Fresh coriander-2 tbsp Lemon juice-1.5 tsp Chili flakes-1 tsp Salt-Itsp Tempering: Ghee(clarified butter)-1.5 tbsp Refined oil-1.5 tbsp Cumin seeds-1 tsp Chopped green chilies-Itsp Cloves-2 Cooking Time 15 min

Preparation

- 1 Chop cabbage and capsicum in small pieces.
- 2 Boil 1 cup rice in salted water till almost cooked OR use 3 cup left over rice.
- 3 Heat oil and ghee in a wide pan and add the tempering ingredients.
- 4 When cumin become golden then add capsicum and cabbage saute for a minute on high flame.
- 5 Now add chopped tomato, cover and cook on low flame for a minute
- 6 Add chili flakes, rice and salt, mix and let it cook for a minute. Don't stir too much.
- 7 Add lemon juice and fresh coriander and cook till mixed well.
- 8 Serve hot.
- 9 Serving suggestions- serve with yoghurt and salad.

Cooks Note

Preparation time: 5 min Cooking time: 15 min Serves: 4 <u>http://maayeka.blogspot.com</u> [6]