

Posted on 4 September 2013

by ewfood

Pasta with Broccoli Pesto

Ingredients

Bunch of broccoli, cut into inch pieces 300g fusilli pasta 5tsp olive oil 15g parmesan, grated Salt and pepper Itsp lemon zest, grated ½ garlic clove

Preparation

- 1 In a large pot, cook broccoli until tender for 4 minutes (Salted water).
- 2 Transfer broccoli to a food processor. Set aside.
- 3 Boil the same water and cook pasta until firm. Keep 2 cups pasta water. Set aside.
- 4 In food processor, add parmesan, oil, lemon zest and juice, garlic and parsley. Puree for 2 minutes.
- 5 Transfer pesto to pot with pasta. Make a delicious and creamy sauce by adding pasta water. Stir well with beans and heat over medium. Season the pasta with salt and pepper.

Cooks Note