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Mixed Vegetable Soup



Ingredients

Carrot 1/2
Cabbage 1 cup
Tomato 1
Capsicum /bell pepper 1/2 cup
Green beans 3-4
Onion 1 small
Spinach 1 bunch
Lauki 3/4
Salt to taste
Black pepper 1 pinch
Tomato ketchup 1 tbsp

Preparation

1. Peel and cut all the vegetables into pieces.
2. Pressure cook them adding 2 cups of water.
3. Blend the soup in a mixer or using hand blender.
4. Strain it into a pot. Add as much water as you need.
5. Add the salt and the ketchup. Boil it for a few minutes.
6. Serve with a pinch of black pepper.

Cooks Note

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