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## Mixed Vegetable Soup



## Ingredients

Carrot 1/2  
Cabbage 1 cup  
Tomato 1  
Capsicum /bell pepper 1/2 cup  
Green beans 3-4  
Onion 1 small  
Spinach 1 bunch  
Lauki 3/4  
Salt to taste  
Black pepper 1 pinch  
Tomato ketchup 1 tbsp

## Preparation

- 1 Peel and cut all the vegetables into pieces.
- 2 Pressure cook them adding 2 cups of water.
- 3 Blend the soup in a mixer or using hand blender.
- 4 Strain it into a pot. Add as much water as you need.
- 5 Add the salt and the ketchup. Boil it for a few minutes.
- 6 Serve with a pinch of black pepper.

## Cooks Note

<http://www.baawarchikhana.blogspot.ae> [6]

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