

Posted on 27 January 2014 by Ritu Chaturvedi

Vegan peas and potatoes with sesame seeds



Ingredients

2 Potatoes, Medium size, boiled ½ cup Frozen peas 2tbsp. Olive oil Itsp. Cumin seeds Itsp. Sesame seeds Itsp. Turmeric Itsp. Red Chili powder 2tsp. Coriander powder Itsp. dry Mango powder Salt to taste 2tbsp.Coriander leaves, chopped, optional

Preparation

Peeled and cubed boiled potatoes and heat oil in the fry pan. Add cumin seeds and sesame seeds, when it crackles add turmeric powder and cubed potatoes and peas. Stir fry for 2 minutes. Add salt and cover with lid. Cook this on medium heat for 4-5 minutes. Add all dry powders and mix well. Cook it further for 2-3 minutes till the spice blend well with potatoes. Remove from heat and garnish with chopped coriander leaves, serve with Bread.

Cooks Note

Serves: 2 http://fussfreecookingblog.wordpress.com [6]