

Posted on 20 March 2014

by Ritu Chaturvedi

Potato and lentil waffles with Cherry tomato



Ingredients

2 cups Potatoes, boiled & mashed 11/2 cup Yellow lentil, soaked & slightly steamed 2 tbsp. Roasted check pea powder 2 tbsp. oil for greasing the waffles iron ½ cup coriander, finely chopped 1tbsp. grated ginger 1tsp. freshly ground white pepper Salt to taste 1 cup Cherry tomatoes Tomato Sauce for serving

Preparation

- 1 Grind lentil with very little water in the grinder. Combine mashed potatoes with lentil paste and roasted chick pea powder. Mix well and add ginger, pepper, coriander and salt.
- 2 Pre heat waffle iron and grease the plates with oil. Spread 3 tbsp. prepared potato mixture into the center of waffle iron and close the lid. Cook it 6-7 minutes or until golden brown.
- 3 Heat the pan and add Itsp. oil in it. Add Itsp fresh coriander and cherry tomatoes, sauté .Season with salt and serve on the top of prepared Potato & lentil waffles.

Cooks Note

Serves: 2

Yummy and delicious Potato waffles with grilled cherry tomatoes are perfect for healthy breakfast or brunch. You will need a waffle iron or toaster, here I have used Moulinex changeable plate toaster. These are just potato pancakes but without frying. You can serve this with evening tea also.

Ritu's fussfreecooking

http://fussfreecookingblog.wordpress.com[6]