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by ewfood

Breakfast Burgers

Ingredients

1 package Italian sausage
1 medium onion, chopped
½ cup red bell pepper, chopped
1 ½ cups hash brown potatoes, shredded and thawed
2 teaspoons vegetable oil
½ cup cheddar cheese
6 English muffins, halved and toasted

Preparation

- 1 Remove the casing from sausage and crumble into medium bowl. Add bell pepper, onion and potatoes and mix well. Shape the mixture into 6 patties for about 1 inch thick.
- 2 In a non-stick skillet, heat oil over medium heat. Cook the patties for about 16 minutes while turning twice.
- 3 Then top each patty with cheese. Cover and let stand for 1 minute until cheese is melted.
- 4 Serve on toasted muffins.

Cooks Note
