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*by ewfood*

## Breakfast Burgers

## Ingredients

1 package Italian sausage  
1 medium onion, chopped  
½ cup red bell pepper, chopped  
1 ½ cups hash brown potatoes, shredded and thawed  
2 teaspoons vegetable oil  
½ cup cheddar cheese  
6 English muffins, halved and toasted

## Preparation

- 1 Remove the casing from sausage and crumble into medium bowl. Add bell pepper, onion and potatoes and mix well. Shape the mixture into 6 patties for about 1 inch thick.
- 2 In a non-stick skillet, heat oil over medium heat. Cook the patties for about 16 minutes while turning twice.
- 3 Then top each patty with cheese. Cover and let stand for 1 minute until cheese is melted.
- 4 Serve on toasted muffins.

## Cooks Note

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