

Posted on 26 May 2014

by Sunjata Menon

Herbal Iced Tea



Ingredients

125 gm sugar 12 cup water 5 tsp chopped lemon grass 5 tsp tea leaves 2 lemon sliced Few mint leaves for decoration

Preparation

- 1 Put the sugar, water and lemon grass in a vessel to boil.
- 2 Boil for 3-4 minutes on high flame.
- 3 Remove from the heat, add the tea leaves, cover and leave the syrup for at least 20 minutes.
- 4 Strain and cool. fill the syrup in a bottle.
- 5 To serve, put in each glass 2 tbsp of syrup, 4 ice cubes a lemon slice, 1/2 cup of water and decorate with few mint leaves.
- 6 Serve cold.