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Strawberry Milkshake

Ingredients

1 cup cold milk
1 tsp sugar (optional)
1 Scoop vanila ice cream
6-7pc fresh strawberry

Preparation

1. Mix all the ingredients in a mixer jar.
2. Blend until smooth and frothy.
3. Pour into a glass and decorate with extra strawberry or top it with a scoop of ice cream.

Cooks Note