Posted on 30 September 2014

*by AHS*

# Date Jam

## Ingredients

1kg stoned dates
725ml water
1kg preserving sugar
1 tsp ground cinnamon
1 tsp ground nutmeg
Grated peel and juice of 1 lemon
2tbsp unsalted butter

## Preparation

1. 1. Bring the dates and water to the boil. Simmer gently for 10 minutes.
2. 2. Add the remaining ingredients and continue to cook, stirring all the time.
3. 3. When the mixture is thick and smooth, take it off the heat.
4. 4. Pack into sterilised, warmed jars and cover.

## Cooks Note

Makes: 2.25kg