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Strawberry and Yoghurt Crunch



Ingredients

5 large ripe strawberries
3 heaped tablespoons of thick low fat Greek yoghurt
25g granola

Preparation

- 1 1. Wash and chop three of the strawberries and pile them in the bottom of an individual glass dish.
- 2 2. Spoon the yoghurt over the strawberries.
- 3 3. Sprinkle the granola, or 25g of your favourite crunchy breakfast cereal, over the yoghurt, then quarter a strawberry to pile on top in the centre.
- 4 4. To garnish, keep the stalk on the final strawberry, slice it thinly up to the stalk and fan it out. Place it on the plate next to the glass dish.

Cooks Note
