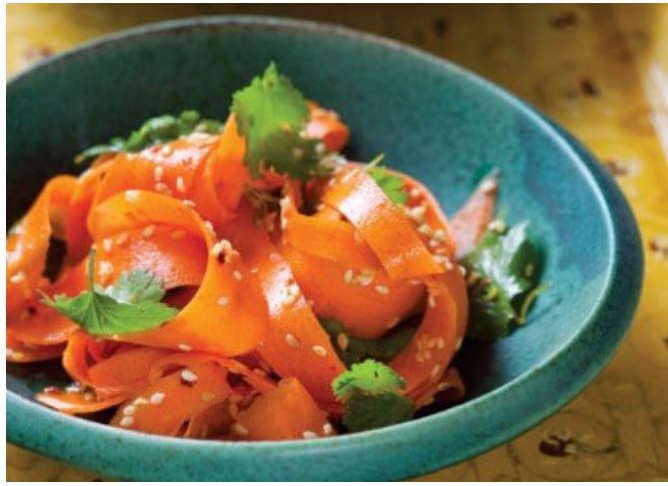




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Posted on 14 April 2015  
*by Louisa Shafia*

## Vinegar Carrots with Toasted Sesame Seeds



## Ingredients

- 1/2 cup sesame seeds (white or black)
- 1 clove garlic, minced
- 2 tablespoons white vinegar
- 2 tablespoons rice vinegar
- 1 tablespoon honey
- 1 tablespoon toasted sesame oil
- 1 teaspoon red pepper flakes
- Sea salt
- 1 1/2 pounds carrots, cut lengthwise into thin ribbons
- 1 cup tightly packed fresh cilantro

## Preparation

- 1 1. Heat a small skillet over medium-high heat. When hot, add the sesame seeds and alternate between shaking the pan and stirring the seeds. When the seeds start to pop, after a couple of minutes, transfer them to a plate and let cool to room temperature.
- 2 2. In a small bowl, whisk together the garlic, vinegars, honey, sesame oil, red pepper flakes, sesame seeds, and 1 teaspoon salt. Pour the dressing over the carrots, add the cilantro, and toss well. Season to taste with salt and serve.

## Cooks Note

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