

Posted on 6 May 2015 by Karen Morgan

Gluten-Free Lobster Rolls



Ingredients

2 (1/2-pound/680-g) lobsters 1 (3-ounce/85-g) bag of Zatarin's Crawfish, Shrimp, and Crab Boil seasoning Kosher salt 2 lemons, halved 8 Laura's Ball Park Dog buns / or just plain store-bought hotdog buns ½ cup (120 ml) gluten-free mayonnaise 2 stalks celery, diced 1 tablespoon thinly sliced fresh chives, plus more for serving 1 teaspoon chopped fresh dill, plus more for serving ½ teaspoon freshly cracked black pepper Juice of 1 lemon

Preparation

- 1 Boil the lobsters in a large covered stockpot with the crab boil seasoning, salt, and lemons, as instructed in the box of crab boil seasoning.
- 2 When the lobsters are cool enough to handle, carefully remove the flesh, leaving claw meat whole. Cut the remaining flesh into large dice.
- 3 In a large bowl, stir together the mayonnaise, celery, chives, dill, pepper, and ½ teaspoon salt.
- 4 Add the lemon juice and then fold in the lobster.
- 5 Adjust seasonings to taste.
- 6 Split the buns vertically from the top down. Spoon a generous amount of lobster salad into each bun and garnish with additional dill and chives. Serve one bun per person.
- 7 (Source: Karen Morgan, "The Everyday Art of Gluten-Free")

Cooks Note