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## Cashew Coconut Mylk



## Ingredients

20g raw cashews soaked overnight  
200 ml still water  
50ml coconut milk  
1 tablespoon toasted coconut flakes  
1 tablespoon agave syrup or honey  
1 pinch sea salt

## Preparation

- 1 Discard the water the cashews have been soaking in and rinse thoroughly until water runs clear.
- 2 Place the cashews , still water, coconut milk, honey and salt into a blender.
- 3 Process on high speed for 20–30 seconds.

## Cooks Note

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