

Posted on 29 June 2015 by Liz Robb





## Ingredients

3 tablespoons of oatmeal A 284ml pot of double cream 2-3 teaspoons of runny honey 1 teaspoon of vanilla extract 300g fresh ripe raspberries

## Preparation

**1** 1.

- 2 Preheat the grill. Spoon the oatmeal onto a dry oven tray and spread it out
- 3 I used jumbo porridge oats. Toast it under the grill, to give it a nutty flavour, for about 4 minutes, turning it midway through
- 4 keep checking it as it will burn easily. Leave to cool.
- 5 2. Whip the cream until it is thick and fairly stiff, but still with a slight softness.
- 6 3. Add the vanilla extract to the whipped cream and drizzle in the honey, then fold both in gently.
- 7 4. Put the ingredients together in layers using sundae glasses or straight sided glasses. First put raspberries in the bottom, covered with a layer of toasted oats, then a layer of cream. Repeat these layers then top with a final sprinkling of oats and a few raspberries. Serve chilled.

## **Cooks Note**

This rich and creamy dessert is truly indulgent, and is so simple to put together, containing a very short list of ingredients.