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Quinoa Avocado Salad



Ingredients

100g Red Quinoa 100g White Quinoa 40g Avocado 30g Confit Baby Tomatoes 15g Diced Carrots 15g Green Onions 5g Parsley Cajun Lemon Dressing

Preparation

- 1 Mix together the red and white quinoa in a large bowl and make sure it is well mixed together.
- 2 Add the Avocado, diced carrots, green onions, and baby tomatoes mix all the ingredients.
- 3 Garnish with Parsley and Cajun lemon dressing and serve.

Cooks Note