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by ewfood

Quinoa Avocado Salad



Ingredients

100g Red Quinoa
100g White Quinoa
40g Avocado
30g Confit Baby Tomatoes
15g Diced Carrots
15g Green Onions
5g Parsley
Cajun
Lemon Dressing

Preparation

1. Mix together the red and white quinoa in a large bowl and make sure it is well mixed together.
2. Add the Avocado, diced carrots, green onions, and baby tomatoes mix all the ingredients.
3. Garnish with Parsley and Cajun lemon dressing and serve.

Cooks Note